

MARCH

Sat 2nd	Mowing Roster (cancelled due to hot weather)
Tue 5th	Shrove Tuesday (Pancake)
Tue 5th	School Banking Day
Wed 6th	Ash Wednesday Mass @ 2pm in LS3
Fri 8th	P & F Morning Tea—9am after morning gathering
Mon 11	Public Holiday School Closure Day
Tue 12	School Banking Day
Wed 13	Divisional Swimming
Wed 13	Sacrament of Reconciliation Family Workshop @ 7pm
Thu 14th	School Photo Day
Fri 15th	St Patrick's Day Mass
Fri 15th	Interschool Sports
Fri 15th	Assembly @ 2.40pm
Tue 19	School Banking Day
Wed 20	6pm School Advisory Board 7.15pm P & F Committee Mtg
Thu 21	Twilight Sports Night @ 5.30pm
Fri 22nd	P & F Afternoon Tea @ 2.45pm
Sun 24	Mowing Roster
Tue 26	Student Banking Day
Fri 29	Interschool Sport
Fri 29	Assembly @ 2.40pm

**2020 SIBLING ENROLMENT
APPLICATIONS ARE DUE BACK
15th MARCH.**

CONTACT US

ST FRANCIS DE SALES

Principal - Christine White
Vice Principal - Angela Faiola
General Inquiries - 03 8773 6700
Absence Line - 03 8773 6788
E. principal@sfslynbrook.catholic.edu.au

Growing Young in Christ

From the Principal

Dear Parents,

CULTURAL INFUSION

As part of our Inquiry Unit 'Celebrations', all our students from Foundation to Year 6 participated in an incursion called Cultural Infusion today Friday 1 March, 2019. The focus was understanding the traditions and ways people of other cultures gather to celebrate. Children listened to the music and dance of various countries. From Egypt and South America to Bollywood and China. They participated in indigenous storytelling as well. There were squeals of delight when Patrick and Chris showed us that they can DANCE!! Then with lots of encouragement a number of other teachers were also up showing off their moves! Maybe, 'So You Think You can Dance' is coming to SFS!!"



SFS ADVISORY BOARD

Chariperson -
SFS Parents & Friends Association
President - Elena Senise
Vice President - Nadine Hawes
Secretary - Raquel Netto & Mandy Admiraal
E. sfsdfa@sfslynbrook.catholic.edu.au
SFS Maintenance Committee
Brad Jackson

ST KEVIN'S PARISH

Parish Priest: Fr Desmond Moloney
Assistant Priest: Fr Dong Tran
120 Hallam Road, Hampton Park 3976
T. 9799 2108
E. HamptonPark@cam.org.au

KHARISMA KIDS

8773 6707 0411 295 273

From the Principal

CELEBRATING OUR CULTURES

FRIDAY 15 MARCH 2019
12 PM TO 2.20 PM



Event includes pot-luck lunch, henna painting, reflexology, make up tips, door prizes, raffle, music and fun

Please bring a plate to share in a pot-luck lunch and wear something that reflects your culture



RSVP by Tuesday 5 March

by emailing Rachel Lenko

rlenko@sfslynbrook.catholic.edu.au

to confirm your attendance and to let her know what food you will bring to share. Places are filling fast for this FUN afternoon. It is important that you do confirm your attendance so we do not exceed the capacity for these activities.



AUSTRALIAN CATHOLIC BISHOPS CONFERENCE

STATEMENT FROM ARCHBISHOP MARK COLERIDGE, PRESIDENT OF THE AUSTRALIAN CATHOLIC BISHOPS CONFERENCE

The news of Cardinal George Pell's conviction on historical child sexual abuse charges has shocked many across Australia and around the world, including the Catholic Bishops of Australia.

The Bishops agree that everyone should be equal under the law, and we respect the Australian legal system. The same legal system that delivered the verdict will consider the appeal that the Cardinal's legal team has lodged. Our hope, at all times, is that through this process, justice will be served.

In the meantime, we pray for all those who have been abused and their loved ones, and we commit ourselves anew to doing everything possible to ensure that the Church is a safe place for all, especially the young and the vulnerable.

February 26, 2019

Sibling Enrolments for 2020 are due now!

It is time for any family currently at the school with a child who will be turning five before the 30th April 2020 to submit an Application for Enrolment. Applications for siblings are due by the 15th March. After this date remaining places for Foundation 2020 will be made available to new families wishing to enrol their child into St Francis de Sales. It is great to hear that many families have already picked up an Application Form. Please drop off the completed form into the Office to Lorenza or Vivienne as soon as possible.

Education in faith

Encompassing: Prayer, Liturgy, Sacraments, Icons/Symbols



Wednesday 6th March

'Ash Wednesday' Whole School Mass

LS 3 at 2.00pm.

Sacramental News:

A few dates to add to your calendar! Rozeta will send out further information closer to the event.

Reconciliation Family Workshop Wednesday 13th March at 7.00pm.

Reconciliation Sacrament Thursday 2nd May at 6.00pm.

Eucharist Family Workshop Tuesday 6th August at 7.00pm.

First Eucharist Sacrament Saturday 24th August at 7.00pm

Sunday 25th August at 9.00am

Sunday 25th August at 9.00am



Learning and Teaching

Encompassing: Student Outcomes, Policy, Assessment, Reporting, Principles and Pedagogy.

ITALIAN



The Junior students have been exploring Italian celebrations, both Religious and non – religious. Like in Australia birthdays are also important to Italians. What do we see, eat, hear, sing and do at an Italian birthday?

This week in Italian students looked at things they might see at a birthday party by choosing items from a mystery box. Oral language activity focussed on “io vedo..” (I see..)

The students also had fun decorating and labelling their own capellino (party hat) in Italian.

They began to learn a new song with actions about going to a celebration. This song focusses on the verbs going, seeing, opening, playing, dancing, hearing, singing, and eating.

They learnt that these words all end in “iamo”

LA FESTA



A great week of Italian learning for our Junior students.

Bravi bambini !

Silvana Pansino

Italian Teacher

Student Well-Being

Encompassing: Student Engagement, Student Connectedness, Classroom Climate, Inclusion and Prevention to Intervention.

BeYou is a new national framework that promotes positive mental health. It is research and evidence based. The vision of **BeYou** is that every Australian school is a positive, inclusive and resilient community, where every child, young person, staff member and parent/carer can achieve their best possible mental health.

The most effective approach to mental health prevention and promotion is one that involves the whole learning community – including leaders, educators, children, young people and their families, and the wider local community.

This is what we call a ‘**whole learning community approach**’, and it involves working together with all members of your learning community to create change. It’s about building a positive and inclusive environment which promotes resilience. We know this is important as good mental health enables positive learning to take place.

The **BeYou** is a resource staff will be using as a form of professional development. As a staff we have decided to focus on the module called “**Learning Resilience**”. This fits in perfectly with the Resilience Project which we will be participating in, during Term 3. This is a school program that inspires learning communities to practise evidence based strategies, which build resilience and improve mental health. Through this program, we will be inspired to practise the evidence based strategies that build resilience and improve mental health.

There are other resources we have access to through the **BeYou** including up to date fact sheets around mental health. We will share some of these through the school newsletter. Let’s work together to foster an attitude where we value mental health and we are proactive in teaching strategies to help us achieve this.

Rachel Lenko
Student Wellbeing Leader



re-sil-i-ence:

the ability to bounce back when faced
with stress or pressure.

Student Well-Being

Encompassing: Student Engagement, Student Connectedness, Classroom Climate, Inclusion and Prevention to Intervention.

Fact sheet

How are nutrition and mental health linked?

Healthy eating helps children and young people feel better about themselves and their bodies, cope more effectively with stress, better manage their emotions and get a good sleep – all of which assist learning.

In contrast, poor nutrition has been linked to emotional and behavioural problems and increased learning difficulties.

Most research about nutrition and mental health has focused on adults. Researchers have found that good nutrition is associated with better mental health outcomes, whereas a poor diet is associated with a greater risk of depression and anxiety.

Emerging research that focuses on children and young people has also found a relationship between unhealthy diets and poorer mental health outcomes. There is a link between externalising behaviour (such as hyperactivity, aggression, disobedience) and diet.

For example, poor nutrition has been associated with symptoms of attention deficit hyperactivity disorder. Poor nutrition also affects concentration and increases tiredness, which then interferes with learning. Children and young people's behaviour, and their academic performance improves when good quality food is eaten.

Dietary habits aren't always a choice

'Food insecurity' – where people don't have enough food due to things such as unemployment and poverty – is also a problem for many families in Australia. Food insecurity can result in poorer academic performance, time off from school, stress, depression, anxiety, aggression, and difficulty getting along with others.



Office News

MOWING ROSTER

Saturday, March 2nd

9am—11am

Adam Gibson

Rajesh Janaradhanan

Shibu James

Thomas Antony

Simon Boliiancu

Mina Youssf

Fabrice Bissessur

Jose Plackal

Anto Pereppadan

Bertrand Martingale

Brad Scicluna

Thank you to all returned their forms. While we lent response for could do with a

families who have mowing roster have had an excel-Saturdays—we few more people to

CSEF - Camp, Sports and Excursion Fund

Do you have one of these cards?

If you do, you may be eligible for \$125 for each of your children from the government to go towards your camp fees, swimming fees or excursion fees.

It's easy—just fill out the CSEF form available from the school office and present your current Centrelink Health Care Card or Pensioner Concession Card and we will do the rest for you.

Applications should be completed and lodged with us as soon as possible in term 1. This allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.



SACRED HEART GIRLS' COLLEGE OAKLEIGH

ENROLMENTS FOR YEAR 7 IN 2021

Closing date: Friday, August 23rd

Open Morning Dates for 2019 at
9.30am

- Tuesday 26th February
- Thursday 14th March
- Friday 17th May
- Tuesday 25th June

YEAR 7 — 2021

- ◇ 29 January, 2019 — Applications open for students in Year 5 in 2019 —please contact the relevant Colleges for Open Days and School Tour information.
- ◇ Applications will close on 23rd August, 2019 for most colleges—please check with each individual College
- ◇ October, 2019—Offers posted to prospective Year 7, 2021 applicants

Office News



SCHOOL PHOTO DAY IS COMING

THURSDAY 14TH MARCH

**ORDER FORMS HAVE GONE HOME—
PLEASE CHECK YOUR CHILD'S SCHOOL BAG**

There are 2 ways of ordering:

- Online orders: To pre-order online take your personal Order and ID Numbers found on your order form and go to www.schoolpix.com.au.
Orders can be placed online up to 2 working days after photography.
You do not need to return the order form if you order online.
- All orders placed online before midnight on photography day will receive a free 20cm x 25cm black and white portrait.
- Manual orders: Complete your order form and return with payment to school
ON PHOTOGRAPHY DAY
- Sibling orders: For a special photo of your children together, order online by 8am on photography day. Alternatively collect a Sibling Order Form from the office or download it from the SchoolPix website and return it on photography day. Only siblings that place an order will be photographed.

If you have any questions call SchoolPix on 1300 766 055

Or email help@schoolpixx.com.au

School Community

Encompassing: Parents, Parish, School Board, Enrolment, Social Justice, Accessibility and the Wider Community.



Garden Party for East Timor
Sunday 3rd March from 2-5pm

Friends of Ermera are raising funds for the English Language Study Centres in Ermera

5 Palmerston Street Berwick

Adults \$15
Students \$10

For more information please contact Jean Lyon - 0431 106 667

This event is organised by Friends of Ermera, a community based group in the City of Casey and beyond, aiming to help the people in the East Timor District of Ermera to rebuild their lives and communities.



CELEBRATING OUR CULTURES

FRIDAY 15 MARCH 2019
12 PM TO 2 PM

Event includes pot-luck lunch, henna painting, reflexology, make up tips, door prizes, raffle, music and fun

Please bring a plate to share in a pot-luck lunch and wear something that reflects your culture

ST FRANCIS DE SALES LYNBROOK Wellsprings for women

Junior savers get ahead.

With Bendigo Student Banking.

For our kids, learning to save is easier the younger they start. So, encourage your own junior saver with our Student Banking Program and Bendigo PiggySaver Account – It could really pay off for their future.

All you need is your child's birth certificate and Medicare card. Drop in to see the staff from Bendigo Bank Cranbourne at St Francis de Sales Community Room on Friday 1 March 2019. Sign up is available from 8.30am onwards and 3.10pm onwards. to find out more.



Bendigo Bank
Bigger than a bank.

Cranbourne branch

ID of parent/guardian required. This material contains general advice only. Please consider your situation and read the T&Cs available in branch before making any decision. Bendigo and Adelaide Bank Limited (ABN 11 068 049 178, AFSL 237879). A232475-5 (406105_v2) (20/02/2019)

bendigobank.com.au



School Community

Encompassing: Parents, Parish, School Board, Enrolment, Social Justice, Accessibility and the Wider Community.

Before and After School Care

PLEASE BE ADVISED that we have child ratios and a limited number of places for children who can attend each day. Educators work according to the number of children booked into care. It is therefore necessary for PARENTS to book children, who are enrolled casually, into care at least 24 hours in advance so staffing can be arranged as required.



ANY BOOKINGS made to our booking number (0411 295 273) received on the day will be subject to availability. Children booked on a permanent basis have priority.

IN THE EVENT of children arriving when we are fully booked, will be sent to the school office. We will inform parents that we are full and cannot accept the children.

DUE TO GOVERNMENT CHANGES in administration all children must be 24 hours in advance by completing the enrolment forms so as family details can be added to the computer system.

A NEW electronic Sign In /Out procedure which requires family, children and authorised nominees details to ensure the safety of your child/ren so they can only be picked up by those on your child's enrolment forms.

THANK YOU for your continued support and ask that you assist us by following the above procedures.

REMEMBER: Term Bookings are charged at a cheaper rate than Casual Care., both casual and booked care where children do not attend will be charged accordingly.

If you have any questions please come and have a chat with one of our team members.

Vacation Care

We will not be offering Vacation Care over the Easter Period. For Vacation Care programs in the area please visit <https://www.childcarefinder.gov.au/>

Kind Regards.

Kharisma Kids Team.



St. Francis de Sales Primary School

BEYOND THE SEA

Junior Production



FRIDAY 13TH SEPTEMBER, 2019 • 7:00 PM

River Gum Performing Arts Centre
58 Fordholm Rd, Hampton Park VIC 3976
Tickets on Sale Monday 12th August
(\$10 Adult, \$5 Child)



ST. FRANCIS DE SALES
PRIMARY SCHOOL

JUKEBOX JIVE

SENIOR PRODUCTION

FRIDAY OCTOBER 11TH, 2019

7:00 PM

RIVER GUM PERFORMING ARTS CENTRE
58 FORDHOLM RD, HAMPTON PARK VIC 3976

TICKETS ON SALE MONDAY 12TH AUGUST
(\$10 ADULT, \$5 CHILD)

ST. FRANCIS DE SALES PRIMARY SCHOOL

2019 PRODUCTION UPDATE

St. Francis de Sales is very excited to announce that the 2019 Junior Production is called 'Beyond the Sea' and will be held on Friday 13th September. The Senior Production is called 'Jukebox Jive' and will be held on Friday 11th October.

We're looking out for the following items as donations used as props for the productions:

*Extra Large Cardboard from white-goods (sturdy, in good condition)

*Old beach towels

*Large beach balls

*Buckets and spades (sand castle tools)

*Sun-baking chairs

*Large Shells

*Pirate paraphernalia e.g. eye masks, hats, flags

*Disco ball

*Extra Large empty hairspray cans

*Hairdressing head model/foam head

*Afro/curly wigs

*Disused CDs

*Disused Vinyl Records

*Old technology (doesn't have to work) e.g. dial up phone, radio, DJ decks, typewriter, old record player etc.

If you would like to donate any of the following, please drop them off to Kristy (LS2 office or Music Room).



Parents and Friends Association

sfspfa@sfslynbrook.catholic.edu.au
pfavicepresident@sfslynbrook.catholic.edu.au
pfasecretary@sfslynbrook.catholic.edu.au



School Fun Run: Friday 5 April 2019

The P&F are very excited to officially launch the 2019 School Fun Run.



Sponsorship forms have been sent home this week.

Once you have the form, jump online at schoolfundraising.com.au and create a student profile page.

Make sure you enter the correct group name in the "Class" field. Once you do this and raise at least \$1 online, you will be entered into the \$20,000 Ultimate Family Experience!

Every student who raises \$10 or more will receive a reward, and the more money you raise the better the reward, and the more you help the school! The P&F are also offering prizes for the:

⇒ Home Group that raises the most money

⇒ Top 3 individual fundraisers

The Fun Run is a healthy fundraiser that we hope you'll get behind. The event sends a message to students about having fun while being healthy, all while helping to raise funds for the school.

It will be a fantastic way to celebrate the end of Term 1 so mark the day in your calendar and come down to support our fantastic SFS kids!

Good luck and have fun!

Decluttering? Embrace your inner Marie Kondo!

We would be very grateful for any donations of second hand uniform. Our uniform stock is running low. If you have school uniform in good condition that your kids have outgrown, please consider donating it to the school. Donations can be dropped off at the school office. Thank you in advance.



Reminder: Pancake Day is next week!

Thank you to all the parents who have volunteered their time to help us serve up pancakes to the students next Tuesday. We look forward to seeing you all in the Community Room at 8:45am. Remember to provide the office with a copy of your Working With Children Check if you haven't already done so.

Upcoming Events

5 March	Pancake Day
8 March	Morning Tea & Second Hand Uniform Shop
21 March	Twilight Sports Carnival
29 March	Pizza Fun Lunch
Every Friday	Icy Poles for sale

Parents and Friends Association

sfspfa@sfslynbrook.catholic.edu.au

pfavicepresident@sfslynbrook.catholic.edu.au

pfasecretary@sfslynbrook.catholic.edu.au

A beautiful family portrait...

The P&F are excited to once again be able to offer SFS families the opportunity to capture beautiful family photos that will be treasured for years to come.

This year the photoshoot will take place outdoors, at Banjo Paterson Park. The meeting point is the playground. Following your 20 minutes photo session, you will head to the school to view your photos.

For \$20, you will receive an 8"x12" print and a mini print. If you wish to purchase additional photos, you can select a value package but it's completely optional.

Don't miss out! Head online to secure your spot – this event is extremely popular and will book out! Please see flyer below for details.

FAMILY PORTRAIT

FUNDRAISER WITH

AVER & LINE.

children's photography specialists



BOOK TO RECEIVE

for \$20

20 minute portrait session

20 minute viewing / selection session

8"x12" print

'Mini Click' frame + print of your choice

Complimentary retouching

(Remove unwanted dribble or bumps!)

Opportunity to purchase the BEST value packages & lowest cost options!

We also have the best value digital files available!

St Frances De Sales Primary School

Family Portrait Fundraiser



The easiest way to have boutique portraits, book now to secure your session!

WHEN: Saturday 6th April

WHERE: Paterson Dr, Lynbrook VIC 3975

TO BOOK: head to www.averandline.com.au/book
enter the password hooray2 and select your pre school + session time
then pay your \$20 online

BOOK BY: Saturday 30th March

CONTACT/QUESTIONS: Kirsten on 043 873 9464