# WEEKLY NEWS

### Issue: 1.7 — 15th March, 2019 AS ONE IN FAITH WE LEARN AND GROW



122 Paterson Drive, Lynbrook 3975 T 03 8773 6700 E principal@sfslynbrook.catholic.edu.au W www.sfslynbrook.catholic.edu.au

MARCH			
Tue 19	School Banking Day		
Wed 20	7.15pm P & F Committee Mtg all parents are welcome to attend		
Thu 21	Twilight Sports Night @ 5.30pm P & F need help for set-up from 2.30pm onwards		
Fri 22	Icy Pole sales every Friday at first lunch		
Fri 22nd	P & F Afternoon Tea @ 2.45pm		
Sun 24	Mowing Roster—Team 7 1pm		
Tue 26	Student Banking Day		
Fri 29th	mConnect— What you can do with your children on school holidays		
Fri 29	Icy Pole sales every Friday at first lunch		
Fri 29	Pizza Fun Lunch		
Fri 29	Interschool Sport		
Fri 29	Assembly @ 2.40pm		
APRIL			
Tue 2	Student Banking Day		
Thu 4	Hot Cross Bun Treat—proceeds raised from the raffle will go to The Monash Children's Hospital		
Fri 5th	Free Easter Egg for students Easter Raffle drawn		
Fri 5	CUA Fun Run, Easter Activities		
Sat 6	Family Portrait Fundraising - only a few places left		

### **CONTACT US**

#### ST FRANCIS DE SALES

Principal - Christine White Vice Principal - Angela Faiola General Inquiries - 03 8773 6700 Absence Line - 03 8773 6788 E. principal@sfslynbrook.catholic.edu.au

# **Growing Young in Christ**

# From the Principal

### **Celebrating Catholic Education Week at SFS**

We are celebrating Catholic Education Week with the launch of our new website!! Please take a look at our new look website <u>https://www.sfslynbrook.catholic.edu.au/</u> Our new website has new features that will provide our existing families with on-going information about our school life. We plan to have newsletters on this site as well. The newsletter will be password protected and you can use the password **sfscomm** to access each week's newsletter. Our new website also has a school app attached to it. You can download the app by following





the instructions on the home page of the website. We will communicate newsletters, provide you with notifications/reminders, give you access to the calendar of events, latest news, quick access to special event reminders and share galleries of photos from school events. For a while we will continue to also use Flexibuzz as we transition to using our new school app.

We are also about to print new promotional folders and produce a short film. Cont'd

#### SFS ADVISORY BOARD

Chariperson - Fiona Fowler SFS Parents & Friends Association President - Elena Senise Vice President - Nadine Hawes Secretary - Raquel Netto & Mandy Admiraal E. sfspfa@sfslynbrook.catholic.edu.au SFS Maintenance Committee Brad Jackson

#### ST KEVIN'S PARISH

Parish Priest: Fr Desmond Moloney Assistant Priest: Fr Dong Tran 120 Hallam Road, Hampton Park 3976 T. 9799 2108 E. HamptonPark@cam.org.au

KHARISMA KIDS 8773 6707 0411 295 273

# **From the Principal**

#### **Celebrating our Cultures**

We had an amazing afternoon today, 'Celebrating our Culture'!!! Thank you to the many mums and even a few dads who dropped by for our first ever parent event to celebrate Catholic Education Week and our rich diversity at St Francis de Sales. We had a very relaxing and FUN afternoon enjoying an assortment of activities. Some looked very relaxed enjoying a reflexology foot or shoulder massage, others had a magnificent henna tattoo while others had their makeup done ready for a Friday night out. Some enjoyed all of the above. There was delicious food to enjoy from a variety of countries. The event was more about making connections, being welcomed and feeling a sense of belonging. From the very positive feedback I think we achieved our dream for this event. As we felt at home the event become a true party and we had several parents get up and dance.

A big thanks to Dalal and Holly form Wellsprings who coordinated with Rachel and myself to plan this event. Thanks to all the helpers from Wellsprings, to staff who dropped by and to the parents who accepted our invitation and made it a special celebration.

We plan other activities during the year, so come and join in if you were unable to attend today. The parents who were there shared their ideas for other sessions.

On Friday 29<sup>th</sup> March is our next gathering – Come and learn about the opportunities for holiday FUN activities. We are also planning a holiday event. Come from 9-10 there will be lots of benefits from joining in.

#### **Catholic Education Week Mass and Art Show**

We had ten students who represented our school at the Catholic Education week Mass at St Patrick's Cathedral today. The children were joined at this Mass by children from schools across the Archdiocese of Melbourne. After Mass the children enjoyed the performances from other schools in the gardens.

We also had an additional ten children join Louise for a visit to the Catholic Leadership Centre to see the Catholic Education Week Art Show. There was art on display from students from Catholic schools. Next year we plan to submit art pieces from St Francis de Sales.



#### Staff News

My brother-in-law has been given a few weeks to live and thus as a family my husband and I will be taking the time to visit him. I will be away from school for the next two weeks and Angela will be in charge. Unfortunately I will miss the big activities planned for this fortnight. However this is something I need to do to support my husband and his family. I look forward to returning for the final week of Term 1.

Christine White Principal

# **Education in faith**

Encompassing: Prayer, Liturgy, Sacraments, Icons/Symbols



# 'As Jesus prayed, the aspect of his face was changed, and his clothing became brilliant as lightning'.

#### Luke 9: 28–36

Peter, James and John went with Jesus to pray on a mountain top. The disciples witnessed what we call the transfiguration. This is where Jesus' face became radiant and his clothes dazzling white. Along with Jesus stood Moses and Elijah. The disciples had no idea what was happening and Peter, in his ignorance, suggested that they set up three tents to commemorate the event. As though to correct Peter's misunderstanding, a voice came from the cloud naming Jesus as his son and telling the disciples to listen to him. There was not to be confusion about Moses or Elijah being equal to Jesus nor should Peter have tried to assume control of a holy happening, but rather listen to this holy one.

Parents and older siblings are often in a privileged situation to see a radiant look on a joyful child's face. Maybe it's how they light up when special friends arrive, or maybe the look of delight at a special gift or surprise is

given. What kind of transfigurations have you seen this week either in the faces of your children, friends, coworkers, or even in yourself?

As a family, share places where you have seen change, perhaps in your family and home, school, work place, neighborhood or community. Suggest ways that these changes are transforming for you and others. Jesus marked the end of an ancient age and the beginning of something new. How are the changes you see like the end of something old and the beginning of something new? How are you involved in that change? How are you part of the change Jesus brings?

God Bless!

Elisabetta Micallef Religious Education Coordinator (REC) <u>emicallef@sfslynbrook.catholic.edu.au</u>



<u>Sacramental News:</u> Thursday 2<sup>nd</sup> May at 6.00pm. **'Reconciliation Sacrament**'



*"There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle".* 

ALBERT ENISTEIN



Project Compassion:

Reminder that as a school, we are raising money for the less fortunate. Each Learning Space has these Project Compassion boxes for families to take home and raise as much money as they can for those in need. Lent is a time for us to reflect, pray, fast and GIVE. Thank you to all families that have already take a box and begun fundraising. If you haven't yet picked up a box, we invite you to come into your child's learning space, take a Project Compassion box, and start raising money for the less fortunate!

If you are unable to come in, please advise your child's teacher via their diary. Thank you for making a difference.

# Learning and Teaching

Encompassing: Student Outcomes, Policy, Assessment, Reporting, Principles and Pedagogy.

# **VISUAL ARTS EXHIBITION**

Some of the Senior students attended a visual arts exhibition in the City. It was a lovely day, and the children had the opportunity to see some amazing art. They also had some relaxing time to draw in the gardens and have fun with the children who went to the St Patrick's Mass and Concert.



### Learning and Teaching

Encompassing: Student Outcomes, Policy, Assessment, Reporting, Principles and Pedagogy.



2019 Senior Choir

On Wednesday 6<sup>th</sup> March, The Senior Choir performed at the Ash Wednesday mass. We were lucky enough to also have a performance from our Wellbeing teacher, Rachel. She sung the offertory hymn and has a wonderful voice.

The Senior Choir have been rehearsing weekly to learn hymns to perform at masses and liturgies. Students selflessly give up their lunch times to come to these rehearsals.

I am very proud of their efforts thus far in 2019 and look forward to hearing them improve throughout the year. There will be an assembly performance in the next assembly in Week 9. More information to be provided shortly. Congratulations and well done! ©





#### Seniors

In Specialist music classes, the Seniors are learning about Music throughout the ages. This unit is correlated to our 2019 Senior Production, Jukebox Jive, which also explores Music through the ages. Thus far, students have had the opportunity to learn about genres, instruments, dance styles and famous songs/artists from the 60s, 70s and 80s.

Students have had the opportunity to explore one specific song and artist from each decade and research interesting facts. Following their research, students have presented and shared this information to build our knowledge as a whole. The Seniors have embraced this unit and explored some favourites including Michael Jackson, QUEEN, The Beatles, The Beach Boys and many more.

#### Juniors

In Specialist music classes, students are about elements in Music. Thus far, students have explored the elements of *Pitch*, *Dynamics* and *Tempo*. *Pitch* explores the high and low sounds in music. *Dynamics* explore the volume of music (*forte* – loud, *piano* – soft). *Tempo* explores the speed of music. Students learned the terms 'Largo – Slow' and 'Presto – Very Fast'.

Students also have been learning short songs introducing students to Solfege. Students have learned 'Bow, Wow, Wow', 'Blue Bird' and 'Great Big House in New Orleans'. Additionally, students have been learning simple rhythms using un-tuned percussion instruments. Juniors have learned how to use the instruments correctly and how we can use a technique to obtain the best sound.



# 2019 PRODUCTION

Week 7 UPDATE

### Auditions for the Junior and Senior Productions were held last week. Roles are confirmed and will be announced next week.

We are currently looking for the following items: \*Extra Large Cardboard from white-goods (sturdy, in good condition) \*Pool noodles \*Old beach towels \*Large beach balls \*Buckets and spades (sand castle tools) \*Sun-baking chairs \*Large Shells \*Pirate paraphernalia e.g. eye masks, hats, flags \*Disco ball \*Extra Large empty hairspray cans \*Hairdressing head model/foam head \*Afro/curly wigs \*Disused CDs \*Disused Vinyl Records \*Old technology (doesn't have to work) e.g. dial up phone, radio, DJ decks, typewriter, old record player etc.

If you would like to donate any of the following please drop them off to Kristy (IS2 office or Music Room).

# Learning and Teaching

Encompassing: Student Outcomes, Policy, Assessment, Reporting, Principles and Pedagogy.

### **GRADE 5 / 6 INTERSCHOOL SPORTS**





Last Friday the students and staff began their training for Interschool Sports.

For the Summer Sports we have: Netball, Tball, Soccer, Kanga Cricket and Volleyball.

They trained for an hour in preparation for our first match today against Tulliallan Primary School.

We will let you know how we went in the next newsletter. Good Luck Seniors!

### **GRADE 3 / 4 BASKETBALL CLINICS**

Through the Sporting Schools Grant we have been able to offer our Grade 3/4 students exposure to a variety of sports. Last year they were involved in Golf Clinics and this year they are participating in Basketball Clinics.

They have four sessions run by a member of the Casey Basketball Association. Not only will this involvement increase student physical activities and skills but also enhance their ability to work with others and as a team.

We have currently submitted a new application with the hope of continuing this Grade 3/4 Program next term. We will keep you updated of the outcome

Have fun Grade 3/4!





### **DIVISIONAL SWIMMING**

On Wednesday March 13<sup>th</sup> twenty of our Senior students attended the Divisional Swimming representing not only our school but the Hampton Park District.

We are so proud of them to have made it this far! It has been a real achievement!



Giuliana and Lulli



## LESS THAN 1 WEEK TO GO UNTIL SFS TWILIGHT SPORTS!!

# Thursday March 21<sup>st</sup>, 2019



# 5.30 - 8.00

With less than 1 week to go, students and staff are eagerly practising their cheers not only to support their competitors but also to try and win the prestigious House Spirit Shield for 2019! Which House will win this year??? Will Bosco win again or will the shield be taken from them by another House? Only time and practise will tell as each of the Houses gather together on Fridays before second lunch to practise.

Please make sure your child attends as the more students that attend for a House and compete, the more chance that House has of winning the House Sports Shield for the year. Will MacKillop win again or will another House take the prestigious shield from them? We look forward to seeing you all there!

Grade 6 students will have the opportunity to compete in the SFS Grade 6 Gift which is a new race and we have a brand new shield that will be presented to the fastest Grade 6 student on the evening.

Please don't forget to sign off on Care Monkey and indicate whether your child would like a FREE sausage or the vegetarian option. Remember to bring lots of change as the Parents and Friends will also be selling sausages, drinks and icy poles for friends and families.

Look forward to seeing you there!

Lulli and Giuliana



## **Student Well-Being**

Encompassing: Student Engagement, Student Connectedness, Classroom Climate, Inclusion and Prevention to Intervention.

#### National Day of Action about Bullying

Friday 15<sup>th</sup> March is National day of action against bullying. Parents, teachers, students or members of the community can turn ideas into action and help deliver a powerful message that bullying and violence are never okay. Teachers were asked to focus on this message in class today to remind children about what bullying is, the role of the bystander and what positive action can take place if they are bullied or see someone being bullied.



**BeYou** St Franicis de Sales is a BeYou school. We promote positive mental health. One simple way to have calmness in your day is to practice mindfulness.

Mindfulness means moment-to-moment awareness of one's experience, without judgment.

It's a state of being, rather than a trait. Rooted in Eastern traditions, this non-judgmental awareness encourages us to slow down, focus on the present and accept things as they are.

When we do this, we're less distracted by thoughts of the future and the past, which can often make us worry and stop us from enjoying the present moment.

#### Mindfulness is very simple

It's a practical way to notice thoughts, physical sensations, sights, sounds, smells or anything that you might not normally notice. Despite this simplicity, it doesn't come easily to us.

You've probably noticed that children and young people are much better at being mindful. While we might be hurrying them to get to school on time, they'll stop to look at butterflies, flowers or bugs and be immersed in that moment, with no worries about the past or future. As adults, however, we're often thinking about what we need to do next or what we wish we'd done differently.



### Well-Being

Encompassing: Student Engagement, Student Connectedness, Classroom Climate, Inclusion and Prevention to Intervention.

# M connect and Multicultural activity day mCONNECT at SFS- Matters Uniting Mums

Today, we invited the mothers from Prep/One to come along to a multicultural activity day organised through Wellsprings. We began this journey last year with a group of mother's wanting to connect with the school and other mothers.

This group is called **M connect**. Everyone brought along a plate of food to share with a multicultural theme. We had some different activities for the mothers including henna painting, reflexology massage, make up tips and music. We will be meeting a couple of times a term to give mothers a chance to connect with the school, other mothers and discuss what is important to them.

The next time we meet will be on Friday 29<sup>th</sup> March and the topic of discussion will be things you can do with your children on school holidays. If you are interested in being a part of the mother's group, please don't hesitate to call the school and speak with me. Thank you to those mothers, grand-mothers, aunties and dads who took part in today's activities and discussions. It was a great turn out and lots of fun to be had by all. I had an opportunity to talk to many mums about what things would be of interest to them. I look forward to seeing you and our next group.

#### Rachel Lenko

Student Wellbeing Leader



122 Paterson Drive, Lynbrook 3975 T 03 8773 6700 E principal@sfslynbrook.catholic.edu.au W www.sfslynbrook.catholic.edu.au

## Well-Being

Encompassing: Student Engagement, Student Connectedness, Classroom Climate, Inclusion and Prevention to Intervention.



# **Office News**

#### 2019 / 2020 dates

HERE ARE THE DATES FOR THE REST OF THE 2019/2020 ROSTER. IF YOUR DATE WAS CANCELLED OR YOU COULD NOT ATTEND YOUR ROSTERED DATE—PLEASE FEEL FREE TO JOIN ANY OF THESE DATES. REMEMBER TO SIGN THE ATTENDANCE SHEET ON THE DAY

	MDEN IO SIG		CE SHEET ON THE DAT
March	1pm—3pm	Sunday 24th	
April	1pm—3pm	Saturday 6th	
	9am—11am	Sunday 28th	
May	Working Bee #	1 Saturday 4th	9am—12noon
June	9am—11am	Sunday 9th	Queen's Birthday long weekend
July	9am—11am	Saturday 20th	
August	1pm—3pm	Sunday 11th	
Sept	9am—11am	Saturday 14th	
Oct	9am—11am	Sunday 6th	Day light savings begins
	Working Bee #	2 Saturday 19th	9am—12noon
Nov	1pm—3pm	Saturday 2nd	Melbourne Cup long weekend
	1pm—3pm	Sunday 17th	
Dec	9am—11am	Sunday 1st	
	9am—11am	Saturday 14th	
Jan 2020	9am—11am	Saturday 18th	Term holiday
Feb 2020	1pm—3pm	Sunday 2nd	
	9am—11am	Saturday 15th	
1OWING RC Team 7		Sunday 24th March	1pm—3pm
jay Pal Singh		Buddhika Kondasinghe	e George Babu

Glenn Munro

Roger Allen

Ajay Pal Singh Kulwinder Pal Singh Gobinath Devendram

Μ

# **Office News**

### **CSEF - Camp, Sports and Excursion Fund Do you have one of these cards?**

If you do, you may be eligible for \$125 for each of your children from the government to go towards your camp fees, swimming fees or excursion fees.

It's easy—just fill out the CSEF form available from the school office and present your current Centrelink Health Care Card or Pensioner Concession Card and we will do the rest for you. Applications should be completed and lodged with us as soon as possible in term 1. This allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.



# Sibling Enrolments for 2020 are due now!

It is time for any family currently at the school with a child who will be turning five before the 30th April 2020 to submit an Application for Enrolment. Applications for siblings are due NOW. After this date remaining places for Foundation 2020 will be made available to new families wishing to enrol their child into St Francis de Sales. It is great to hear that many families have already picked up an Application Form. Please drop off the completed form into the Office to Lorenza or Vivienne as soon as possible.

# ST JOHN'S COLLEGE OPEN MORNING



Thursday, 21st March 9.15am 5 – 11 Caroline St, Dandenong www.trybooking.com/BALBU

## **School Community**

Encompassing: Parents, Parish, School Board, Enrolment, Social Justice, Accessibility and the Wider Community.

## Parents, Grandparents and community members

Our Senior Environmental Action Teams are looking for some helpers in our kitchen, garden and chook shed.

If you love to garden, cook or are a bit of a handy man and are available to help with our Action Teams on Monday Afternoons from 2:20 to 3:20pm we love to have you assistance.

If you are interested please leave your name and phone number at the school office for Louise and Sandi and will get back to you.



# **Parents and Friends Association**



sfspfa@sfslynbrook.catholic.edu.au pfavicepresident@sfslynbrook.catholic.edu.au pfasecretary@sfslnbrook.catholic.edu.au



### Twilight Sports - Thursday 21st March

Not long now until the Twilight Sports evening. Each student has been allocated their house colours so please come and cheer along the students as the school gets invaded by a sea of blue, red, yellow and green.

The P&F will be providing a FREE sausage for each student.

Don't forget to bring cash to purchase items – there will NOT be any card facilities at the event.

#### Prices are as follows:

\$2.50 for a sausage and bread (gluten free beef and vegetarian available)

\$1.50 for drinks

\$0.50 for icy poles

The P&F needs a little help setting up and cooking the sausages for this event. If you are interested please email Elena at <u>pfapresident@sfslynbrook.catholic.edu.au</u>

Set up commences from 2:30pm and packing up at 7:30pm. If you can assist for an hour or two between those times it would be much appreciated.



# Where does your class sit on the leader's board?

The home groups are really getting into the swing of things now and the top 3 home group leaders keep changing – daily!! If you have not already done so, jump online NOW and

register <u>schoolfundraising.com.au</u>. Please make sure you enter your home group correctly, for example "IH", this is how the online tallies are tracked so it is critical.

#### The prizes:

Raise at least \$1 online, you will be entered into the \$20,000 Ultimate Family Experience – not a bad return on investment!

Every student who raises \$10 or more will receive a reward

The more money you raise, the better your reward

The more you raise, the more you help our wonderful school

The P&F are also offering prizes for the:

Home Group that raises the most money

Top 3 individual fundraisers

The top 3 home groups for the week are......





Well done to all those who have worked hard to raise money for the fun run.

# **Parents and Friends Association**

sfspfa@sfslynbrook.catholic.edu.au pfavicepresident@sfslynbrook.catholic.edu.au pfasecretary@sfslnbrook.catholic.edu.au

### Scholastic Issue 2

The latest brochure went out last week – if you did not get one please ask for one from the office. Some really great items available for very reasonable prices.





Every Child Deserves a Good Book

### Family Portrait Fundraiser

There are just a FEW places left to book in for your gorgeous family photos. Really affordable prices and profits go towards the school. Hurry these last few places will fill very fast.

# P&F Afternoon Tea & Second Hand Uniform Shop

Come along to the P&F afternoon tea on Friday 22<sup>nd</sup> March at 2:45pm. It would be great to see some new faces join us. Feel free to bring a plate to share and have a cuppa with other parents or check out the second hand uniforms and pick up a bargain – all items \$5 – cash only please. There are often younger children in attendance with the parents so please feel free to bring yours along.

# **Easter Festivities**

SFS is celebrating Easter in a very BIG way. Aside from enjoying the festivities, proceeds from the sales of the hot cross buns and the Easter raffle will go to **The Monash Children's Hospital.** 



# Hot Cross Buns – Thursday 4<sup>th</sup> April

You cannot celebrate Easter without indulging in hot cross buns. The P&F will be running a hot cross bun day at the school for the students to enjoy. The cost will be \$1.00 per hot cross bun, with a limit of 2 buns per student. Notices will be going out soon so keep your eyes peeled.



# Chocolate Eggs for the students – Friday 5<sup>th</sup> April

The P&F have spoken to the Easter Bunny and organised a free Cadbury egg for each student!! Allergy eggs are also available, please advise your teacher of any dietary requirements for your child/children.

# **Parents and Friends Association**

sfspfa@sfslynbrook.catholic.edu.au pfavicepresident@sfslynbrook.catholic.edu.au pfasecretary@sfslnbrook.catholic.edu.au



20th March

PFA Meeting in the Community Room All parents are welcome to attend



21st March

22nd March

29th March Each Friday 4th April 5th April 6th April Twilight Sports Carnival

Afternoon Tea and Second Hand Uniform Shop in the Community Room Pizza Fun Lunch

Icy Pole Sales

Hot Cross Bun Treat

Fun Run—Easter Activities

Family Portrait Fund Raising Day

122 Paterson Drive, Lynbrook 3975 T 03 8773 6700 E principal@sfslynbrook.catholic.edu.au W www.sfslynbrook.catholic.edu.au

St. Francis de Sales Primary School

# BEYOND THE SEA

Junior Production

THE CHILDREN PROVIDENT OF THE PROVIDENT

### FRIDAY 13TH SEPTEMBER, 2019 • 7:00 PM

River Gum Performing Arts Centre 58 Fordholm Rd, Hampton Park VIC 3976 Tickets on Sale Monday 12th August (\$10 Adult, \$5 Child)

ST. FRANCIS DE SALES PRIMARY SCHOOL

# JUKEBOX JIVE

### SENIOR PRODUCTION

FRIDAY OCTOBER 11TH, 2019 7:00 PM RIVER GUM PERFORMING ARTS CENTRE 58 FORDHOLM RD, HAMPTON PARK VIC 3976

TICKETS ON SALE MONDAY 12TH AUGUST (\$10 ADULT, \$5 CHILD)