

# WEEKLY NEWS



Issue: 1.10 — 5th April, 2019

**AS ONE IN FAITH WE LEARN AND GROW**

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## APRIL

Sat 6	Family Portrait Fundraising - only a few places left
Sat 6th	1pm—3pm Mowing Roster Team 3
<b>Tue 23</b>	<b>Start Term 2</b>
Thu 25th	ANZAC Day—Public Holiday No school today
Fri 26	Inter-school Sport
Sun 28	9am—11am Mowing Roster Team 5
Tue 30	School Banking Day

## MAY

Thu 2nd	Sacrament of Reconciliation 6pm at St Kevin's Parish Church
Fri 3rd	P & F Morning Tea after morning gathering & Uniform sales
Fri 3rd	Interschool Sport
<b>Sat 4th</b>	<b>Working Bee # 1</b>
Tue 7th	Student Banking Day
Tue 7th	CUA Fun Run prizes need to have been ordered on line.
Wed 8th	District Cross Country for those who qualified
Fri 10th	Interschool Sport
Sun 12th	Mothers' Day
Tue 14th	Student Banking Day
14, 15, 16th	Naplan Testing Years 3 & Years 5

**YOU CAN FIND THIS WEEK'S NEWSLETTER ON OUR NEW SCHOOL WEBSITE UNDER NEWS AND EVENTS GO TO**  
[https://  
www.sfslynbrook.catholic.edu.au](https://www.sfslynbrook.catholic.edu.au)

## Growing Young in Christ

### From the Principal

#### Happy Easter Holidays

Term 1 has been a very exciting term at St Francis de Sales with so much to celebrate and be proud of. From our wonderful SWELL week to start the Term and our annual picnic to celebrate St Francis de Sales Feast day to winning the interschool swimming for the first time. There has been great learning and growth from all children and a wonderful EXPO by our seniors, a great start to school by our foundation students, a happy Celebration of our Cultures afternoon with a group of parents, the sensational Twilight Sports to the FUN run today. In between we have had pancakes, and raffles, excursions and incursions. We have launched a new web site and this week have received our new folders for our enrolment packs. It has been indeed exciting.

A BIG thank you to our staff for all their work to make it a great learning place. In particular for all their work with parent/teacher interviews this week. Thanks to our parents for working in partnership. An extra special thanks to our 2019 P&F team for their flying start in making our school a FUN and exciting community. Congratulations to our students on their growth and development this term.

Over the last few days as we have remembered and followed Jesus foot-steps during Holy Week we have also linked the events to our life today. The children have all participated in making the Stations of the Cross meaningful and joined in prayerful reflections. In their learning spaces they have recalled the Passover meal and the meaning of the washing of the feet a powerful symbol of our call to serve others and be humble. When we return in Term 2 we will gather to rejoice as we celebrate Easter.

I take this opportunity on behalf of our staff to wish you and all your family a very Happy and Holy Easter, may the light of the risen Christ radiate in your lives and touch your heart. In all we do and say may the hope, peace and LOVE of Christ touch us, our Families, our community and our world. Happy Easter.

Christine White  
Principal

## CONTACT US

### ST FRANCIS DE SALES

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Vice Principal - Angela Faiola  
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E. [principal@sfslynbrook.catholic.edu.au](mailto:principal@sfslynbrook.catholic.edu.au)

### SFS ADVISORY BOARD

Chariperson - Fiona Fowler  
SFS Parents & Friends Association  
President - Elena Senise  
Vice President - Nadine Hawes  
Secretary - Raquel Netto & Mandy Admiraal  
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SFS Maintenance Committee  
Brad Jackson

### ST KEVIN'S PARISH

Parish Priest: Fr Desmond Moloney  
Assistant Priest: Fr Dong Tran  
120 Hallam Road, Hampton Park 3976  
T. 9799 2108  
E. [HamptonPark@cam.org.au](mailto:HamptonPark@cam.org.au)

### KHARISMA KIDS

8773 6707 0411 295 273

## From the Principal



# Holy Week Masses

Sunday 14th April	Passion (Palm) Sunday Masses at 9am, 11am, 7pm	
Monday 15th April	Morning Mass	9.15am
Tuesday 16th April	No Morning Mass	11am Mass for Holy Oils at St Patrick's Cathedral 7pm Mass—St Kevin's
Wednesday 17th April	Novena	7pm Mass followed by Novena
Thursday 18th April	Holy Thursday	9.15am Mass 8pm—Mass of the Lord's Supper
Friday 19th April	Good Friday	8.30am Divine Mercy Novena 9.00am Passion Play 3.00pm Passion Liturgy
Saturday 20th April	Holy Saturday	8.00pm Easter Vigil Mass at St Kevin's No Mass at Lynbrook
Sunday 21st April	Easter Sunday	7am Mass, 9am Mass, 11am Mass



# FUN RUN

## 5th April





# Education in faith

Encompassing: Prayer, Liturgy, Sacraments, Icons/Symbols



***Let the person without sin be the first to throw a stone”.***

***John 8: 1–11***

In this weekend's Gospel reading we hear about a woman who is brought before Jesus because she has sinned. According to the Law of Moses the woman should be stoned. But Jesus has a better idea. He quickly drew in the sand with his finger and then presents his answer. Jesus then helps the people see that the woman is not the only sinner in the crowd. This causes everyone to leave. Jesus is left standing alone with the woman. Jesus gives the woman the gift of a new start. After her experience with Jesus, she is reconciled to God, to her community and to herself.

The story in the Gospel shows us that God forgives our wrong choices and loves us unconditionally. When we make a wrong choice, we too are given a new start.

Of course we will never fully know what Jesus drew in the sand. Whether his drawing was with purpose or not has been lost to history and most likely would not change the story. An important lesson we can gain from his action is that he took the time to gather his thoughts before speaking. How often do we say the first thing that comes to mind and end up regretting it? Thinking first helps us present a Christ-like presence to others even if we are dealing with a serious conflict.

During the holidays, ask each family member to help create a list of “pet peeves” or annoying habits in others. Give each member a chance to consider the list and see if they claim ownership of any of the actions listed. Ask one another how this exercise is like the woman and the Pharisees in the Gospel. What will you do to “throw a stone” at the guilty person? What action can you take that resembles the action of Jesus? Pray for support to accomplish this action.

Grace and blessings as you enjoy the next couple of week's with your children!

Elisabetta Micallef  
Religious Education Coordinator (REC)  
[emicallef@sfslynbrook.catholic.edu.au](mailto:emicallef@sfslynbrook.catholic.edu.au)

## **Sacramental News:**

Let us keep our Reconciliation children in our thoughts and prayers during the school holidays as they continue to prepare themselves to receive the Sacrament next term.



**Sacrament of Reconciliation**  
**Thursday 2nd May at 6pm**  
**St Kevin's Church, Hampton Park**



***“Compassion is the wish to see others free from suffering.”***  
***Dalai Lama***

## **100% DIGNITY**



Some of you might remember Salma, who featured in Project Compassion in 2013 (I know I do!). At the time she was pregnant with her first child, sick and terribly frightened. In distress, she sought the help of a midwife trained by Caritas 'Safe Motherhood Program'. Six years on, she's now a healthy mother of two strong, happy children. Salma is committed to giving her children the education they need to provide them with the future she hoped for.

Please remember to keep giving during this time of Lent – let us help make a difference!

# Education in faith

**Encompassing: Prayer, Liturgy, Sacraments, Icons/Symbols**

This week the Seniors in Learning Space 2 were involved in organizing our Palm Sunday Liturgy. They told the story of what happened on this day, sang songs and danced. They even created their own palm trees for the space.

With the assistance of Andrea, they staged a role play depicting Holy Thursday, the Last Supper and the Stations of the Cross. The Stations of the Cross were created by students and can be seen on display in the hallway. They are most beautiful and very creative works of art!

Well done to all involved.



## Learning and Teaching

Encompassing: Student Outcomes, Policy, Assessment, Reporting, Principles and Pedagogy.

### ITALIAN NEWS...

#### Early Learning Languages Australia (F-2) schools trial (ELLA)



ELLA is an Australian Government initiative aimed at encouraging more students to study language. It is a fun and easy digital program for children. It has already been successfully integrated in preschools across Australia. Now the Australian Government is providing funding to extend the ELLA program into schools through a trial for students in Foundation to Year 2. Over the next three years ELLA will be trialled in 300 schools.

We are excited to announce that St Francis de Sales has been selected and will be one of the schools participating in the program and using it as part of learning Italian.

Foundation students will commence in 2019. A requirement to participate in the program is that parents complete a parent/guardian permission form. This is currently available on Care Monkey together with more detailed information about the program. We ask that the consent form be completed if you haven't already done so, in order to begin to implement the program next term.

If you have any further questions please do not hesitate to contact me at the school.

Grazie

Silvana Pansino

(Italian Teacher)



## Learning and Teaching

Encompassing: Student Outcomes, Policy, Assessment, Reporting, Principles and Pedagogy.



## CUA FUN RUN / CROSS COUNTRY

What an amazing morning we had at Banjo Paterson today! Staff and students excitedly cheered for their Houses as students completed the CUA Fun Run. Well done to all the students for taking part! It was a big effort from all students:

12/13 Year Olds completed 3 laps of the course.

11 Year Olds also completed 3 laps.

9/10 Year Olds completed 2 laps

Foundation, Grade 1 and Grade 2 all completed 1 lap

Congratulations to all students!

A big congratulations to our winning House **Teresa!** A fantastic effort and they were presented with the shield at our assembly this afternoon. Well done also to all the students who came in 1<sup>st</sup> to 10<sup>th</sup> in their age or level group. Each was presented with their ribbons at assembly. Those who came in 1<sup>st</sup> were also presented with the trophy that will have their name engraved onto and remain at the school as a record of their excellence:

12/13 Year Olds: Keava McGrath and Tate Mole

11 Year Olds: Kian McGrath and Alexis Jackson

9/10 Year Olds: Kayce Christodoulou and Chloe Seremetis

Grade 2: Stanford Radnetter

Grade 1: Andi Mole

Foundation: Declan Gomes

Students in the age groups above who came in 1<sup>st</sup> – 10<sup>th</sup> will also be given the opportunity to participate and represent SFS in District Cross Country next term and we wish them all the best!

We would like to now take this opportunity to once again thank P&F for their continued support. They organised parents to be marshals on the track, the online aspect of the CUA Fun Run and free icy poles for our students as they returned to school. Events like this would be difficult to run without their support.

Our staff must be recognised as well. They give up so much of their time assisting and supporting events for the benefit of our students. After a late night Thursday night with Parent Teacher Interviews, staff still arrived at school eagerly to make the Fun Run possible for SFS students. A big thank you to staff!!

Finally thank you to all the parents who were able to assist us with marshalling and to all the parents who joined us to support their children. It was a fantastic community event!!

Well done everybody and thank you,

Lulli                      Giuliana  
PE Teacher      &      PE Administrator

## Production News – Week 10

**COSTUME LETTERS  
HAVE GONE HOME THIS WEEK.  
IF YOU DID NOT RECEIVE  
YOUR LETTER  
PLEASE ADVISE KRISTY  
WHEN WE RETURN IN TERM 2.**





## Student Well-Being

Encompassing: Student Engagement, Student Connectedness, Classroom Climate, Inclusion and Prevention to Intervention.

### School Holiday Excursion

Thank you to all the parents that replied on CareMonkey that they would like to come to Melbourne Museum on **Thursday 18<sup>th</sup> April which is the 2<sup>nd</sup> week on the holidays.**

Due to the work being completed on the train lines, a private bus has been booked to collect the families from school at 9.30am which means we have limited seats available.

Apologies to any families who missed out this time. Holly from Wellsprings and myself will look at some other options for term 2 school holidays that may be able to include more families to attend.

If you have any questions or concerns about the excursion, please contact me on

**[rlenko@sfslynbrook.catholic.edu.au](mailto:rlenko@sfslynbrook.catholic.edu.au)**



#### BeYou

As a BeYou school, we value the mental health of our learning community. We will launch the BeYou with the children in Term 2.

#### Fact Sheet

**How does exercise affect mental health and wellbeing?**

**Physical activity promotes many aspects of child and adolescent development, including social and emo-**

**tional skills, as well as physical development of motor skills.**

Active play also helps improve classroom behaviour and promotes a more positive learning environment.

Physical activity can also manage symptoms associated with hyperactivity and inattention. We know that high levels of inactivity can lead to a greater risk of both physical and mental health problems. Early learning services and schools provide many opportunities for children and young people to join in physical activity, through both structured activities like formal classes or team sports and spontaneous play. This is particularly important for children and young people who have limited opportunities to be physically active at home or in their community.

- can increase levels of serotonin and endorphins; the neurotransmitters involved in regulating and improving mood
  - promotes sleep – which also helps regulate moods, increase energy levels and improve memory and learning
  - increases the connections between the brain neurons, which improves memory and learning capacity
  - pumps blood to the brain to boost mood, concentration and alertness
  - promotes relaxation by reducing skeletal muscle tension
  - provides children and young people with an outlet for excess energy and frustration, which relieves tension
  - provides an opportunity for children and young to socialise and meet new people, reducing loneliness and isolation
  - improves motor and cognitive skills, which boosts self-esteem
- distracts children and young people from negative thoughts.

# Office News

<b>MOWING ROSTER—Team 3</b>	<b>Saturday 1pm—3pm</b>	<b>April 6th</b>
Minh Hon Chau	Anton Jayamanna	Hardik Bhatt
Melody Patton	Trevor White	Philip Okyere
Sabu Thomas	Botros Meina	Mohammed Mazid
<b>MOWING ROSTER Team—5</b>	<b>Sunday 9am—11am</b>	<b>April 28th</b>
Daniel Kovacevic	Courtney Thursfield	Jason Wood
Oneil Oras	Joyson Jose	Aaron McDonald
George Taylor	Cijo Mathew	Sanj Samarasekera
Kannan Tirunavukkarusu	Nathan Gercovich	Trevor Jones
Marlon Ansell	Jonathan Black	Moe Grepo

## 2019 / 2020 dates

**HERE ARE THE DATES FOR THE REST OF THE 2019/2020 ROSTER.**

**IF YOUR DATE WAS CANCELLED OR YOU COULD NOT ATTEND YOUR  
ROSTERED DATE—PLEASE FEEL FREE TO JOIN ANY OF THESE DATES.**

**REMEMBER TO SIGN THE ATTENDANCE SHEET ON THE DAY**

April	1pm—3pm	Saturday 6th	
	9am—11am	Sunday 28th	
May	Working Bee # 1	Saturday 4th	9am—12noon
June	9am—11am	Sunday 9th	Queen's Birthday long weekend
July	9am—11am	Saturday 20th	
August	1pm—3pm	Sunday 11th	
Sept	9am—11am	Saturday 14th	
Oct	9am—11am	Sunday 6th	Day light savings begins
	Working Bee # 2	Saturday 19th	9am—12noon
Nov	1pm—3pm	Saturday 2nd	Melbourne Cup long weekend
	1pm—3pm	Sunday 17th	
Dec	9am—11am	Sunday 1st	
	9am—11am	Saturday 14th	
Jan 2020	9am—11am	Saturday 18th	Term holiday
Feb 2020	1pm—3pm	Sunday 2nd	
	9am—11am	Saturday 15th	



## Office News

### **CSEF - Camp, Sports and Excursion Fund**

#### **Do you have one of these cards?**

If you do, you may be eligible for \$125 for each of your children from the government to go towards your camp fees, swimming fees or excursion fees.

It's easy—just fill out the CSEF form available from the school office and present your current Centrelink Health Care Card or Pensioner Concession Card and we will do the rest for you.

Applications should be completed and lodged with us as soon as possible in term 1. This allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.



### **Sibling Enrolments for 2020 are due now!**

It is time for any family currently at the school with a child who will be turning five before the 30th April 2020 to submit an Application for Enrolment.

Applications for siblings are due NOW. After this date remaining places for Foundation 2020 will be made available to new families wishing to enrol their child into St Francis de Sales.

It is great to hear that many families have already picked up an Application Form. Please drop off the completed form into the Office to Lorenza or Vivienne as soon as possible.

### **PRIVACY POLICY AND COLLECTION NOTICE**

We have updated our school Privacy Policy and Collection Notice in accordance with the CECV.

Copies of these can be found on the school website under Enrolment Information/ Policies or viewed at the School Office.

## Parents and Friends Association

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# Last week of Term 1

The P&F would like to thank everyone who has supported us throughout Term 1.

Without this support, running the multiple events we run each term, would not be possible.

The generous donations, fundraising and time given from our schooling community means that we can continue to do what we do.

So a heartfelt thank you from Elena and the rest of the P&F Committee. We look forward to everyone's continued support and a fantastic Term 2.

thank you!





# Parents and Friends Association

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## The CUA Run Fun

Massive congratulations to all the kids who have worked so hard to raise money – as a school we have currently raised more money than previous years which is just fantastic. The money will help the P&F run more wonderful events for the students.

The last tally for the leaders board before the competition closes on Friday 5<sup>th</sup> April.....

**1<sup>st</sup>: IH**  
**2<sup>nd</sup>: GA**  
**3<sup>rd</sup>: MJ**



A VERY important reminder that all prizes need to be ordered online by 7<sup>th</sup> May – so don't let all your hard work go to waste – make sure you order before the due date.



All the fun run money was due by THIS Friday 5th April. Anyone who has not dropped off their cash amounts to the office, please **contact Elena immediately**

[sfspfa@sfslynbrook.catholic.edu.au](mailto:sfspfa@sfslynbrook.catholic.edu.au)

## *Pizza Fun Lunch Day*

The Fun Lunch was a great success. The P&F would like to sincerely thank

[Marriott Waters Domino Pizza](#) for their generous support and for providing such delicious pizzas on the day. The students loved them. So a big heartfelt thank you to all the team there.

## Easter Festivities

The generous donations and fund raising efforts have raised some much needed funds for the **The Monash Children's Hospital** – so thank you to everyone who got behind the initiatives.



## Chocolate Eggs for the students – Friday 5<sup>th</sup> April

The P&F arranged for the Easter Bunny to drop off a FREE Cadbury egg for each student – we hope the kids enjoyed their Easter treat.

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## AVER&LINE FUND RAISING PHOTOS

Don't forget your photo sessions on **THIS Saturday, 6<sup>th</sup> April**, at Banjo Patterson Park, Lynbrook. Please ensure you arrive early for your session, find a car park and get the kids photo ready. The sessions have SOLD OUT and are booked back to back so the photographer cannot extend sessions for late comers.



**We would like to wish all our schooling community a very happy and safe school holidays and Easter period.**



**We look forward to returning for a strong Term 2 filled with lots of fun events for the students.**



### Important Dates

- 5 April Fun Run, Easter Festivities
- 6 April Family Portrait Fundraising Day



# Parents and Friends Association

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Support St Francis de Sales Lynbrook

Get your new Entertainment membership today

Want to know how to tackle the school holidays and help us raise funds?

The new Entertainment Membership is here, packed with amazing offers, including family activities, casual dining and tasty treats.

So who wants ice cream?

**Purchase your 2019/2020 Entertainment membership today**

**Books available from the School Office - \$ 70**

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[pfasecre-](#)

## Keep the family 'Entertained' these school holidays



THE  
PANCAKE  
PARLOUR

Pancake Parlour

Burger edge

Burger Edge



McDonald's



LEGOLAND Discovery  
Centre Melbourne

BOUNCE INC  
FREE SPIRITS UNLEASHED

Bounce Inc

SEA LIFE  
Melbourne

SEA LIFE Melbourne  
Aquarium



Enjoy these  
school holiday  
bonus offers

Bonus offer extended



\*\$20 off your total shop when you spend \$220 or more at Woolworths online.  
^\$50 off your total shop when you spend \$120 or more at Cellarmasters online. \*\*Terms & Conditions apply.



## Melbourne Entertainment

SEE WHAT'S  
INSIDE

2019 | 2020  
Membership