

## FEBRUARY

10/11/12	Year 5 / 6 camp
Wed 12th	No school for Foundation students
Fri 14th	Icy pole sales 50c at 1st lunch
Sat 15th	Mowing Roster 9am—11am
Mon 17th	District Swimming—please give permission on CareMonkey if your child has been selected to participate
Wed 19th	No school for Foundation students
Wed 19th	6pm School Advisory Board 7.15pm P & F Assoc Meeting
Fri 21st	Icy pole sales 50c at 1st lunch
Fri 21st	9am P & F Morning Tea and second hand uniform sales
Tue 25th	Pancake Tuesday—volunteers needed to help cook and serve
Wed 26th	Ash Wednesday—whole school Mass at 2pm
Wed 26th	No school for Foundation students
Fri 28th	Icy pole sales 50c at 1st lunch

## MARCH

Thu 5th	Twilight Sports Night
Fri 6th	Icy pole sales 50c at 1st lunch
Fri 6th	P & F Afternoon Tea and second hand uniform sales
Fri 6th	Inter-School Sports (Seniors)
Mon 9th	Public Holiday—No school today

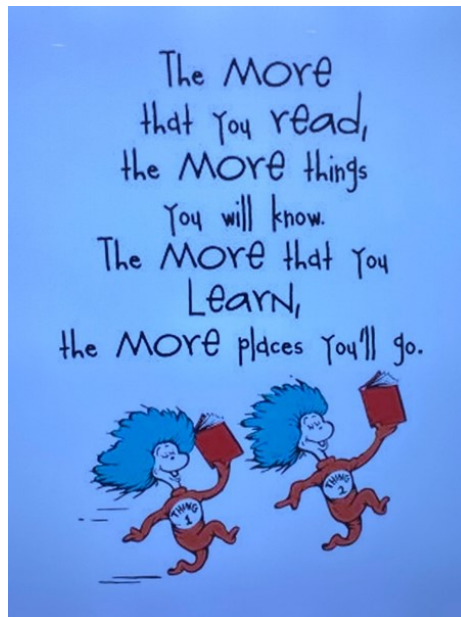
## Listen to what the Spirit is saying

### From the Principal

#### Flying Start

We have completed our first full week for the year and it certainly has been a flying start! I love the way the children have settled into school life. A walk around the school reveals children engaged and making a great start to the year. I commend our teaching team too for the care and commitment they have shown to get everything organised and planned for our children. There is a vibrant, dynamic vibe across the whole school.

On Thursday night I was delighted by the response by parents to our first parent Information evening for the year. It was great to see the majority of our families attend. This is a critical step in developing a strong partnership with your child's teacher. On this night our junior and senior teachers shared valuable information about the curriculum and ways they will be working, as well as helpful tips and expectations so that we can have a strong home/school partnership. We can each do our part to support each child to ensure the best possible outcomes for 2020. Thanks to the parents who attended, if you were unable to attend please do make contact with your child's teacher as soon as possible and establish these vital communication links.



Cont'd next page ....

## CONTACT US

### ST FRANCIS DE SALES

Principal - Christine White  
Vice Principal - Angela Faiola  
General Inquiries - 03 8773 6700  
Absence Line - 03 8773 6788  
E. principal@sfslynbrook.catholic.edu.au

### SFS ADVISORY BOARD

Chairperson - Fiona Fowler  
SFS Parents & Friends Association  
President - Elena Senise  
Vice President - Courtney Thursfield  
Treasurer - Shivanthi Perera, Mandy Admiraal  
Secretary - Raquel Netto, Lourdes Iape  
E. sfspsa@sfslynbrook.catholic.edu.au  
SFS Maintenance Committee  
Brad Jackson 0400 410 289

### ST KEVIN'S PARISH

Parish Priest: Fr Desmond Moloney  
Assistant Priest: Fr Dong Tran  
120 Hallam Road, Hampton Park 3976  
T. 9799 2108  
E. HamptonPark@cam.org.au

### KHARISMA KIDS

0411 295 273

# From the Principal





# From the Principal

## Car Park

### Safety – Lead by Example!

We now are near capacity with students enrolled which means increased vehicle and pedestrian traffic around the school. Please be vigilant and careful (particularly near the Pedestrian Crossing).

A permanent 40kph speed limit applies to both Paterson Drive and Aylmer Road adjoining the school. Cooperation and courtesy are paramount.

1. 'Drop Off' arrangements - Drive through the designated lane and allow your child/children to alight on the path adjoining the Car Park. They will enter the school through the **RED** entry.
2. 'Pick Up' arrangements - Parents/Grandparents/Siblings/Carers using the 'Drive -Through' will not be permitted to enter the Car Park until **3.25pm**



**The children are dismissed at 3.20pm.  
It can take them up to 5 minutes to get to  
the Waiting Area.**

Please observe the following expectations:

- ☐ Keep the round-a-bout clear at all times. There will be traffic officers from the City of Casey monitoring the flow of traffic.
- ☐ Drive as close to the portable classrooms end of the 'drive through' as you are able even if there are no cars behind you when you enter the lane.
- ☐ Instruct your children to wait for you on the path near the portable classrooms after school (it is difficult to locate them on the Adventure Playground and time spent doing so delays everyone).
- ☐ There is a one (1) minute limit on stopping in the 'drive through' so **DON'T ENTER** the lane before 3.25 pm and just park there.
- ☐ There are two (2) signs at the **EXIT** of the Car Park indicating times that **ALL** vehicles are expected to **TURN LEFT**. These are meant to apply to everybody. There are **NO EXEMPTIONS** for a select few. **BE COURTEOUS and PATIENT.**

**PARENT PARKING NOT PERMITTED FROM**

**8.20am - 9.00am : 3.00pm - 3.40pm**

**Please observe left turn only exit at the designated times -  
this is a safety issue**

# From the Principal

## Enhancing Catholic School Identity (ECSI) Survey.

I will be writing to you via Flexibuzz next week to invite you to participate in the ECSI survey which will assist us in better understanding how our Catholic Identity is expressed in work and practice here at St Francis de Sales Catholic Primary School, Lynbrook.

We will participate in a school review in 2021 and this will be a vital piece of data to help us plan our next goals and school improvement plan. So your participation will be of great benefit to our school.

The Catholic University in Leuven, was commissioned by the Catholic Education Commission of Victoria Ltd (CECV) to design a process and tools, based on sound research, to accomplish the goal of understanding our current Catholic identity and where the school community might like to see itself in the future.

The ECSI survey is a key element in this process and I write to request your participation. The online survey gathers responses from students in Years 5 and 6 Years, all staff, and a representative sample of parents. However at St Francis de Sales we invite participation from all parents. Thus everyone has a voice.

You are asked to complete the survey online; it may take you up to an hour to do so. Try not to get caught up in the questions, simply respond intuitively.

Keeping a record of your individual User code and Password will allow you to complete the survey over two or more sessions.

The survey is only available through the project website; please refer to the 'Instructions for Survey Completion for Parents' which will also be provided. Your responses to this survey are guaranteed to be kept anonymous.

If you have any questions, please contact me through the school office.

Thank you for your consideration of this request and for your anticipated participation.

We will be planning an incentive for families that participate in the survey. You will be entered into a raffle. More details to come.

Christine White  
Principal

# Education in faith

Encompassing: Prayer, Liturgy, Sacraments, Icons/Symbols



*‘You are the light of the world.’*

**Matthew 5: 13–16**

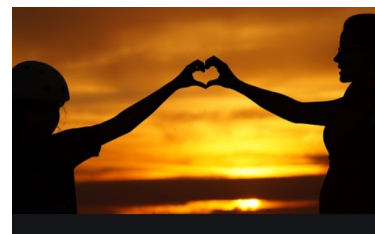
It is common for us in our times to be careful about the salt we use. However, in Jesus’ day, salt was a very important commodity. It was used to pay salaries. Like us, people used salt to flavour food. But, because there was no refrigeration, salt was also used to preserve food. That is why, when Jesus called his disciples “salt” and “light,” he declared their great importance. What was of significant importance to Jesus was the enthusiasm with which the disciples spread the Good News.

Imagine taking your child(ren) on a hike in the woods at night. A small flashlight will never do. Not even the type that takes “C” batteries will give enough light. No, you will need the heavy-duty-light-up-the-next-kilometre type of camping lantern. This is so you and your child(ren) don’t trip on any roots or uneven ground or lose the trail. In just the same way, we are light for our child(ren). What they see us do and how we live our faith exhibits the magnitude of the flashlight we choose.

This weekend, gather all the candles in the house and set them on the table at meal time. Try to have enough candles burning so that theirs is the only light you have in the room. As you eat, talk together about how each member of the family is light to one another and to others. You might get the conversation going by asking what difference the candlelight makes in your otherwise dark room.

Yours in Christ!

Elisabetta Micallef  
Religious Education Leader (REL)  
[emicallef@sfslynbrook.catholic.edu.au](mailto:emicallef@sfslynbrook.catholic.edu.au)



## **School Liturgy**

Wednesday 26<sup>th</sup> February

**‘Ash Wednesday’** Whole School Mass  
LS 3 at 2.00pm.



We look forward to seeing you all as we celebrate together in Prayer.



## **Sacramental News:**

A few dates to add to your calendar!  
Rozeta will send out further information closer to the event.

**Reconciliation Family Workshop**  
**Reconciliation Sacrament**

Monday 20<sup>th</sup> April at 7.00pm.

Thursday 30<sup>th</sup> April at 6.00pm.

## Learning and Teaching

Encompassing: Student Outcomes, Policy, Assessment, Reporting, Principles and Pedagogy.

### Art

Just a reminder that all students do need their own art smock.  
For the Seniors it can be an old adult size shirt that will fit over  
their uniform comfortably.

Thanks—Louise



Welcome back!!

We are looking forward to another exciting and busy year in PE.

### **GRADE 5/6 INTERSCHOOL SPORTS & GRADE 3/4 SPORTS ROTATIONS**

Next Friday 14<sup>th</sup> February Grade 5/6 will commence their training for Summer Interschool Sports in preparation for their first game on Friday 6<sup>th</sup> March.

During the weeks there is no Interschool Sports games students will be with their coaches training.

The following are the Summer Interschool Sports and the coaches:

Soccer 6	Patrick
Volleystars	Anthony
Tball	Amelia
Cricket 9	Matilda
Netball	Chris

Students have been notified of their sport and will begin working as a team next week, improving their skills in their chosen sport. Parents will be notified via Care Monkey of the Interschool Sports dates and venues for the term.

Grade 3/4 will be involved in sports rotations during training weeks. They will get the chance to try each of the above sports with the coaches. This will assist when it is time for them to choose the sport they wish to participate in during Interschool Sports.

We hope the Seniors have fun!

### **JUNIOR SOCCER CLINICS**

This year we have been lucky enough to receive funding through the Sporting Schools Program.

As a result we are able to offer our Juniors Soccer Clinics run by a coach organised by Melbourne Victory. These clinics will not only increase student physical activity and skills but also enhance their ability to work with others and as a team and begin to learn one of our Interschool Sports games.

Clinics will begin in Week 4 and Junior parents will be notified via Care Monkey of the dates their children will need to wear PE uniform for these clinics.

We hope our Juniors have fun!



## Learning and Teaching

Encompassing: Student Outcomes, Policy, Assessment, Reporting, Principles and Pedagogy.



### HAMPTON PARK DISTRICT SWIMMING

Our swimming team has been chosen based on information provided by Casey Race during last year's swimming lessons.

We have a squad of 24 students who will be heading off to Pakenham Outdoor Pool on Monday 17<sup>th</sup> February.

The permission note is currently on Care Monkey and we ask parents to respond and give permission as well as updating student profiles.

We wish our swimming squad all the best!!!

### TWILIGHT SPORTS

Please mark Thursday March 5<sup>th</sup> (5.30pm – 8.00pm) into your diaries.

This is the date for our Twilight Sports this year. Which House will win our Twilight Sports this year?

Which House will win the Spirit Award. Students will soon begin to meet in their Houses to practise their cheering. Don't forget your child will need a T-shirt the colour of their House for the evening with their sports shorts, skirt or tracksuit:

MacKillop	yellow
Patrick	green
Bosco	red
Teresa	blue

Foundation parents you will shortly be notified of your child's House so you can organise a coloured T-shirt. If you have an older child, your younger child will be in the same House.

### SFS FUN RUN / CROSS COUNTRY

Then on the last day of term, Friday 27<sup>th</sup> March, the whole school will be involved in our traditional Fun Run. Once again we will be looking for the winning House as well as winners for each level in the Juniors and age group in the Seniors.

We will also be looking for who qualifies to attend District Cross Country in Term 2 from the Seniors.

A busy term ahead and we will be asking for parent assistance with a variety of events. If you can help we would greatly appreciate it.

Giuliana & Lulli  
P.E. Team

# Office News

## Sibling Enrolments for 2021

It is time for any family currently at the school with a child who will be turning five before the 30th April 2021 to collect an Application for Enrolment from the School Office.

Admission is not automatic, an application and interview are required.  
Kindly collect an Application for Enrolment from the School Office.

## 2019—2020 MOWING ROSTER

Team 2	Saturday, 15th February	9am—11am
Chris Peterson	Royman Abraham	Michael Balzamo
Christopher Rozas	Huu Tri Nguyen	Hansel Gomes
Jose Reano	Giovanni Agosta	Derin Davis
Binoy Kakkattil Paul	Harry Tang	Antony Jilju Kochuparackel
Jeeno P Palamittah		



IF YOU WOULD LIKE TO JOIN THE MOWING TEAM FOR THE 2020 / 2021 ROSTER  
PLEASE FILL IN THE GREY SHEET THAT WAS SENT HOME WITH YOUR CHILD LAST  
WEEK AND RETURN TO THE SCHOOL OFFICE IMMEDIATELY

**NEW ROSTER BEGINS SATURDAY FEBRUARY 29TH**

**NEW ROSTER WILL BE SENT OUT NEXT WEEK**

BY JOINING THE MOWING TEAM  
YOU WILL BE ELIGIBLE TO RECEIVE A  
REBATE/DISCOUNT OF \$250 OFF YOUR  
SCHOOL FEE ACCOUNT IF YOU ATTEND EITHER  
2 MOWING ROSTERS OR 2 WORKING BEES  
HELD THROUGHOUT THE YEAR



## Office News



### Flexibuzz password - sfscomm

Communication with parents will be mainly via email or through the FlexiBuzz App. The FlexiBuzz App provides us with the most immediate method of informing parents, so we encourage those who have not registered to do so. It is FREE !!! The App will allow you to access the weekly newsletter, notifications and you can use it to inform us of your child's absence from school.

## CSEF - Camp, Sports and Excursion Fund

### Do you have one of these cards?



If you do, you may be eligible for \$125 for each of your children from the government to go towards your camp fees, swimming fees or excursion fees.

It's easy—just fill out the CSEF form available from the school office and present your current Centrelink Health Care Card or Pensioner Concession Card and we will do the rest for you. Applications should be completed and lodged with us as soon as possible in term 1.

This allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

## Student Well-Being

Encompassing: Student Engagement, Student Connectedness, Classroom Climate, Inclusion and Prevention to Intervention.



**Be You** is a national mental health initiative for educators which aims to promote and protect positive mental health in children and young people in every early learning service and school in Australia.

Be You's vision is to build an education system in which every learning community is positive, inclusive and resilient – where every child, young person, staff member and family can achieve their best possible mental health.

At SFS, we are a **BeYou** school where we value the importance of everyone's mental health.

This week's fact sheet is all about Wellbeing. It is important for us to understand what wellbeing is.

### Wellbeing is about balance in all aspects in life.

It encompasses the health of the whole person – physical, mental, social and emotional. A person's wellbeing can change moment to moment, day to day, month to month and year to year. It can be influenced by what's happening in a specific moment and the actions that people take.

As with positive mental health, wellbeing is most likely to flourish in a supportive and inclusive environment – a safe place where diversity is acknowledged, respected and seen as adding to the vibrancy and strength of the entire community.

### Your engagement influences that of children and young people.

While you're putting your energy into creating a positive mental health environment for children and young people, it's also important to focus on the wellbeing of yourself and your colleagues.



### The Resilience Project



Last year the staff and students at SFS were involved in the **Resilience Project**. The Resilience Project is an emotionally engaging programs and provide evidence-based, practical strategies to build resilience.

As outlined in the presentation last year, the importance of addressing the mental health of young people in Australia is vital.

1 in 4 adolescents will experience mental health problems this year

65% of adolescents will not seek help

1 in 7 primary school students will experience mental health problems this year.

1 in 5 adults will experience mental health problems this year.

The key to reducing these figures is prevention. Even for those students who never experience a mental health issue, the benefits, in terms of increasing capacity to deal with challenges, changes and stressors are endless.

This year, all of the students in the senior school will be using The Resilience Project student journal during the Wellbeing specialist fortnightly class. There will be elements of the key principles of Gratitude, Empathy, Mindfulness and Emotional Literacy incorporated into each lesson.

Rachel Lenko

Student Wellbeing Leader

# Parents and Friends Association

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## Icy Poles

Don't forget – every Friday we will have icy poles available to purchase for 50c at first lunch.



## Morning Tea & Second Hand Uniform stall

Thanks to everyone who came along and joined us for our first Morning Tea of the year today. It was great to see many new faces and catch up with old friends!

Our next Morning Tea will be on **Friday 21 February** in the Community Room after morning gathering. Everyone is welcome to join us for a cuppa and catch up!

The second hand uniform shop will also be open during morning tea.

*Save  
the Date*

**Pancake Day** will be held on Tuesday 25 February. [We need lots of volunteers](#) to help us cook and serve warm, fluffy pancakes to the students and staff. It's always a fun day so please keep the morning free and look out for the flyer which will be sent home in the coming weeks.



**UPCOMING  
Events**

19 February – PFA Meeting at 7:15pm (Community Room)  
21 February – Morning Tea & Second Hand Uniform Shop  
25 February – Pancake Day  
Every Friday – Icy Poles for sale





# St John's

REGIONAL COLLEGE

*Achieving excellence together*



# Open Morning

Thursday 20 February 9.15am

[www.trybooking.com/BALBU](http://www.trybooking.com/BALBU)

5-11 Caroline Street, Dandenong

for further information please visit [www.sjrc.vic.edu.au](http://www.sjrc.vic.edu.au)



# ENROLLING NOW

## GUITAR, DRUMS AND VIOLIN AT ST FRANCIS DE SALES PS

Term 1 2020 Spots Available



**MUSICWORLD**  
SCHOOL OF MUSIC



**9572 3391**

**[admin@music-world.com.au](mailto:admin@music-world.com.au)**